



*Working and learning together for success*

# **Sarisbury Church of England Junior School**

## **Relationships Policy**

**(Relationships, Sex and Health Education- RSHE)**

***June 2020***

At Sarisbury, we seek to provide the best possible education for every child within a warm and caring ethos. A community, built on our core Christian values of **Love**, **Hope** and **Forgiveness**, where individuals are valued, respected, encouraged and given every opportunity to be the best that they can be.

## **Vision and Values**

At Sarisbury CE Junior School we believe the personal development of each child is significant to their individual achievement. We endeavour to provide our pupils with rich experiences that support the development of a positive sense for themselves, respect for others, key social skills and a positive disposition in which they feel motivated to achieve. The personal and social development of our pupils is explicitly taught within Relationships, Sex and Health education whilst offering pupils the opportunity to develop these key skills in all areas of school life.

## **Our Aims**

All schools must provide a curriculum that is broadly based, balanced and meets the needs of all pupils. Under section 78 of the Education Act 2002 and the Academies Act 2010, a PSHE curriculum:

- Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and
- Prepares pupils at the school for the opportunities, responsibilities and experiences of later life.

### ***At Sarisbury CE Junior School we aim to:***

- Enable pupils to develop themselves as a whole (RR article 29)
- Promote pupils' spiritual, moral, social and cultural development
- Encourage pupils to develop strong respectful relationships with others
- Develop pupils' ability to make responsible decisions, accept consequences and encourage pupils to learn from their experiences, therefore making positive choices
- Prepare our pupils to become responsible and active citizens within a community
- Enable pupils to be taught about positive emotional and mental wellbeing in themselves and others whilst providing suitable strategies for dealing with these
- Teach and encourage pupils to lead and maintain a safe and healthy lifestyle
- Provide a rich and diverse curriculum that allows pupils to develop key skills across the curriculum.
- Deliver a statutory Relationships education and Sex education programme

We undertake to follow the principles in the Church of England Charter for faith sensitive and inclusive relationships education, relationships and sex education and health education (appendix 1).

We aim to ensure that our school values children's individuality, irrespective of ethnicity, attainment, age, disability, gender or background. It is therefore important that our school takes a proactive and sensitive approach to the promotion of race equality in conjunction with the Equalities Act 2010.

Our relationships and sex education is taught in line with the school's safe guarding policies and practice which can be found in our child protection policy.

## **Relationships Education**

Relationships Education in primary schools will cover

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Relationships education at Sarisbury Junior school aims to teach the fundamental building blocks and characteristics of positive relationships with particular reference to friendships, family relationships, and relationships with other children and adults.

Parents should also be aware that the Church of England states in "Valuing All God's Children", 2019, that Relationships and Sex education should: *"Make it clear that relationships and sex education is designed to prepare all pupils for the future, regardless of sexual orientation or gender identity. RSE must promote gender equality and LGBT equality and it must challenge discrimination. RSE must take the needs and experiences of LGBT people into account and it should seek to develop understanding that there are a variety of relationships and family patterns in the modern world."* (Page 34)

### **Health Education**

Health Education in primary schools will cover

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic First Aid
- Changing adolescent body

At Sarisbury we seek to ensure children gain the experiences and strategies they need to prepare themselves to stay physically and mentally fit as they grow more independent.

### **Sex Education**

The DfE Guidance 2019 (p.23) recommends that all primary schools 'have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. However, 'Sex Education is not compulsory in primary schools'. (p. 23). Sex education at Sarisbury aims to, in association with the key areas of Relationships education, teach the children about family life and the value of stable and loving relationships for the nurture of children. We teach about the changing adolescent body, emotions surrounding this and understanding human reproduction.

Pupils are often curious beyond what it set out in, our deemed age appropriate programme of study and beyond the remit of our curriculum. When a question of this nature is asked, pupils will be directed home to discuss with parents and carers. If a class teacher feels there is an area in which a pupil has shown particular interest, they will contact parents/carers to inform them of this.

### **Right to withdraw**

At Sarisbury we deem our programme of study to be age appropriate to meet the needs of our young people having consulted with governors and parents. Relationships education is compulsory so there is no right to withdraw. Compulsory content from the National Curriculum for science includes the human body as it grows from birth to old age (including puberty) and the reproduction of some plants and animals. At Sarisbury, we teach age appropriate content to enable pupils to be prepared for puberty, conception and birth. Puberty is taught as a statutory requirement of Health Education and covered by our Jigsaw PSHE Programme in the 'Changing Me' Puzzle (unit). We conclude that sex education refers to Human Reproduction, and therefore inform parents of their right to request their child be withdrawn from the PSHE lessons that explicitly teach this.

A meeting, before the content is taught to the children, will take place for parents to come and view material and resources used for Sex and Relationships education and discuss any worries with teachers. If a parent deems some or all of the Sex education programme to unsuitable for their child, then they should initially have a conversation with their child's class teacher before meeting with the head teacher.

### **The curriculum:**

The Jigsaw Programme offers a comprehensive, carefully thought-through Scheme of Work which brings consistency and progression to our children's learning in this vital curriculum area. All year groups cover the same unit at the same time to enable cohesion throughout the school.

Jigsaw covers all areas of PSHE for the primary phase including statutory Relationships and Health Education. The table below gives the learning theme of each of the six Puzzles (units) and these are taught across the school; the learning deepens and broadens every year.

Term	Puzzle (Unit)	Content
<b>Autumn 1:</b>	Being Me in My World	Includes understanding my own identity and how I fit well in the class, school and global community. Jigsaw Charter established.
<b>Autumn 2:</b>	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and understanding
<b>Spring 1:</b>	Dreams and Goals	Includes goal-setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society
<b>Spring 2:</b>	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise
<b>Summer 1:</b>	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills, bereavement and loss
<b>Summer 2:</b>	Changing Me	Includes Relationships and Sex Education in the context of coping positively with change

A detailed map of the content taught in each year group is available for parents. Please note that as detailed on the content map, we have moved the 'Changing me' unit from the previous year group in line with the needs of our pupils.

These areas will be complimented but not duplicated by national curriculum subjects such as science, computing and PE.

### **Delivering RSHE**

At Sarisbury we allocate 1 hour, at the beginning of each week, in order to teach RSHE; these lessons will be taught by the child's own class teacher. Using the Jigsaw resource, allows for continuity across the whole school. Resources such as video clips, websites, games and tasks will enable pupils to access the teaching in a variety of ways

The RSHE manager (Amy Young) will seek to enthuse staff about RSHE to ensure it is taught to a high standard and in line with current guidance with up to date resources.

### **Accessibility**

RSHE will be accessible for all pupils including those with SEND. High quality teaching will be differentiated and personalised for accessibility to ensure preparation for adulthood as set out in the SEND code of practice.

### **Monitoring and Evaluation**

The role of parents in the development of their understanding about relationships is vital. We will communicate with parents about what is taught and when, including specific evenings for resources to be viewed for the Sex and Relationships programme. Governors are also responsible to ensure that the school is delivering a well-led subject which is accessible to all pupils ensuring they are able to make progress and achieve. The RSHE manager will ensure the subject is up to date following guidance from the DfE.

## **Initiatives**

*At Sarisbury CE Junior School we seek to involve a wide range of other initiatives to meet the individual needs of our pupils in PDL.*

*Initiatives include:*

- **Rights Respecting School's work (RR article 42)** - At Sarisbury, we are a Silver Level Rights Respecting school. Rights Respecting lessons are taught explicitly in order for children to gain a basic understanding of the rights all children have. Rights are referred to during curriculum subjects, assemblies, as well as having a 'Right of the Fortnight' to focus on.
- **Learning behaviours-** Encouraging children to take ownership of their learning is important. Our learning behaviours of: co-operation, communication, independence, reflection, resilience and motivation are consistently used by teachers and children to guide them on the skills they need to use in every day learning and life. Children are encouraged to reflect on these every half term to decide which one they are most proud of and which they need to take as a focus for the next half term.
- **School council (RR article 12)-** Children get an opportunity each year to apply for and vote for a member of their class to represent them. The representative attends meetings where school wide decisions are made.
- **Eco team-** Like the school council, children have an opportunity to represent their class as part of the Eco team if the environment is of importance to them
- **Peace team-** Some year 6 pupils are trained as part of our restorative practise work at Sarisbury. Their job is to help solve friendship and conflict issues when they arise during break and lunch times.
- **Colour teams (RR article 15)-** Each child is part of a colour team which consists of children from all year groups. They get opportunities to take part in team building activities as part of these teams being overseen by staff and the Year 6 'team captains'.

## **Other Relevant Policies:**

- Drugs Education Policy
- Food in Schools Policy
- Equal Opportunities Policy
- Race and Intercultural Policy
- Behaviour Policy (includes anti bullying)
- Child Protection Policy
- Confidentiality Policy

Written and monitored by: Amy Young (RSHE manager)

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