



Working and learning together for success

Sarisbury Church of England Junior School

Personal Development Learning Policy (Personal, Social and Health Education) *November 2018*

At Sarisbury, we seek to provide the best possible education for every child within a warm and caring ethos. A community, built on our core Christian values of **Love, **Hope** and **Forgiveness**, where individuals are valued, respected, encouraged and given every opportunity to be the best that they can be.**

Salisbury Church of England Junior School

PDL Policy Statement

At Salisbury CE Junior School we believe the Personal Development Learning of each child is significant to their individual achievement. We endeavour to provide our pupils with rich experiences that support the development of a positive sense for themselves, respect for others, key social skills and a positive disposition in which they feel motivated to achieve. The personal and social development of our pupils is explicitly taught within the PDL curriculum, whilst offering pupils the opportunity to develop these key skills in all areas of school life.

Our Aims

At Salisbury CE Junior School we aim to:

- Promote pupils' spiritual, moral, social and cultural development.
- Encourage pupils to develop strong respectful relationships with others.
- Develop pupils' ability to make responsible decisions, accept consequences and encourage pupils to learn from their experiences, therefore behaving positively.
- Prepare our pupils to become responsible and active citizens within a community.
- Encourage pupils to recognise different emotions in themselves and others whilst providing suitable strategies for dealing with these.
- Teach and encourage pupils to lead and maintain a safe and healthy lifestyle.
- Encourage the development and achievement of 4 core values:
 - **Self** – as unique human beings capable of achieving
 - **Relationships** – important for the development and fulfilment of themselves, others and the community.
 - **Society** – developing a respect for the law, truth, human rights, justice and common good. Whilst valuing common structures within society including families.
 - **Environment** – the importance of caring for it and the effect of humanity on our natural resource.
- Provide a rich and diverse curriculum that allows pupils to develop key skills across the curriculum.
- Deliver statutory Sex and Relationships and Drugs programmes to the pupils through a supported and well designed PDL programme.
- Deliver a broad PDL curriculum.

The curriculum:

At Sarisbury CE Junior School we regard PDL as a subject that develops core areas within a child's personal development.

PDL explores a range of topics:

- **Healthy Living:** this teaches children how to maintain a healthy balanced and nutritious diet, the importance of exercise, the effect of drugs (alcohol, tobacco, volatile substances, legal and illegal drugs) and keeping emotionally healthy (dealing with difficult events including death).
- **Staying safe:** encouraging children to recognise the risks and dangers they may face in everyday life, learning how to make a 999 call, develop strategies to deal with peer pressure, be aware of the risk of drugs (alcohol, tobacco, volatile substances, legal and illegal drugs).
- **Emotions:** be able to recognise different emotions in themselves and others, develop strategies for coping and dealing with these emotions, develop coping strategies for changes they face (including transitions between schools), develop an awareness of the emotional changes they face during puberty (year 5 and 6).
- **Relationships:** exploring at the different types of relationships, developing key social skills that will allow children to interact with a variety of people, teach children about the importance of friendships, provide strategies for dealing with difficult situations in relationships (including families).

Citizenship:

Focuses on developing pupils' awareness of their community and how to become good citizens. "It fosters respect for law, justice, democracy and for different opinions, values and cultures." (D. Rowe, Director of Curriculum Resources at the Citizenship Foundation). Living in such a diverse culture, it is important that children recognise and respect the differences between ethnic and religious groups to ensure they become full members of their community. Citizenship explores the different types of communities that exist within our society, recognising how they are organised and the roles held within that group. Whilst encouraging children to play a responsible role in the up-keep of their communities.

Citizenship also looks at communities on a wider scale, encouraging pupils to consider global issues, i.e. global warming, pollution, and the responsibilities they have in making our world a better place.

Key Social Skills:

Refer to the generic skills that many of us take for granted; communication, cooperation, evaluation and reflection, decision making and managing emotions. These skills are paramount in developing confident, responsible, well behaved and happy pupils at Sarisbury CE Junior. We explicitly teach our pupils the art of working in a group, recognising emotions, reflecting and being able to critically evaluate, being able to express and communicate themselves and most importantly being able to make responsible decisions. We feel that teaching these skills enables our pupils to improve their own learning and performance whilst preparing them for life in general.

Whilst these Key Social Skills are explicitly taught within the PDL curriculum, we ensure there are many opportunities to develop and assess the skills in other subject and aspects of school life; i.e. sports, group work, discussion activities, colour teams, school council, extra-curricular activities and at playtimes.

Our Strategies:

At Sarisbury CE Junior School we seek to involve a wide range of initiatives and strategies to meet the individual needs of our pupils in PDL.

Initiatives include:

- ***Circle Time*** – recognised as an effective tool for allowing children to express themselves and openly discuss issues affecting them or their peers. Teachers are encouraged to allow regular opportunities for class circle time, whilst also using it within planned schemes of work.
- ***Whole school PDL time-*** Year groups teach planned PDL lessons following the Hampshire scheme of work
- ***Rights Respecting School's work-*** At Sarisbury, we are a Silver Level Rights Respecting school. Rights Respecting lessons are taught explicitly in order for children to gain a basic understanding of the rights all children have. Rights are referred to during curriculum subjects, assemblies, as well as having a 'Right of the Fortnight' to focus on.
- ***Learning behaviours-*** Encouraging children to take ownership of their learning is important. Our learning behaviours of: co-operation, communication, independence, reflection, resilience and motivation are consistently used by teachers and children to guide them on the skills they need to use in every day learning and life. Children are encouraged to reflect on these every half term to decide which one they are most proud of and which they need to take as a focus for the next half term.

Teaching strategies include:

- Activities that offer opportunities to develop Key social skills (communication, cooperation, evaluation and reflection, decision making and managing emotions).
- Teaching methods incorporate a range of strategies that support pupils' learning styles and needs (VAK activities, suitably differentiated tasks)
- Visitors and outside agencies are involved where suitable to support the curriculum (See section on Visitors).

Our Resources:

At Sarisbury CE Junior School there are a range of resources available in the PDL Managers classroom these include:

- Media (DVD's, weblinks)
- Posters
- Leaflets
- Card games
- Circle time devices to pass around (balls, stress balls, noise making tools)

Teachers are also encouraged to regular check internet websites for up to date advice and new resources that are available.

Visitors

Visitors and outside agencies have an important part to play in enhancing the provision of PDL. Visitors working alongside the teacher can provide an added dimension, often using real experiences gained through their professional role.

At Sarisbury CE Junior School we invite visitors to work in partnership with the teachers in various aspects of the curriculum. When organising visits, teachers must ensure the expectations and objective of the visit is clear, therefore supporting them with planning and collating suitable resources. We encourage our visitors to have a good understanding of:

- The school's values
- Behaviour expectations and code of conduct
- Relevant policies including child protection and equal opportunities,
- Any particularly sensitive issues within the cohort / class
- Working with and relating to children

Should a visitor be working with the children without a teacher present, we will ensure that they have undergone appropriate safeguarding checks.

Our PDL Manager

The member of staff responsible for the management and development of PDL Citizenship throughout the school is Amy Young. She will:

- Seek to enthuse pupils and staff about PDL and promote high standards of achievement and high quality provision.
- Advise and support staff in the planning, delivery and assessment of PDL and Citizenship.
- Manage and develop all resources for PDL
- Monitor and evaluate PDL throughout the school, ensuring continuity and progression.
- Keep up to date with current developments by attending courses, liaising with colleagues from other schools, and use this as a basis for staff development activities.
- Manage Healthy school's initiative: encourage and enthuse pupils and staff to lead a healthier lifestyle, organise task group, delegate tasks, evaluate objectives and prepare for validation.
- Manage the school's Rights Respecting Award ensuring all staff and children are aware of the rights of a child
- Manage the School Council – ensuring children are equipped to have a voice and make decisions that will affect the rest of the school.

Assessment, Record Keeping and Reporting

In order to ensure continuity, progression and high standards of achievement in PDL, assessment for every child will include:

- Evidence of a sample of children's work per unit including children who have shown a range of learning abilities
- Teachers to continuously monitor and revise units after teaching to ensure the best outcomes
- For summative assessment, each child will have personal comment in their report. This will refer to the pupils' overall progress and attitude for this academic year, including explicit reference to the child's key social skills development.
- To assist teachers in the transition from year to year, teachers pass on to the next teacher, a PDL profile summarising children's abilities in PDL learning as well as a variety of personal skills. This not only informs receiving teachers of the strengths and development areas within the class, but assists in providing initial personal targets.
- At the end of every half term, each child fills in their Sarisbury Learner booklet indicating which learning behaviour they are proudest of and which they would like to be a focus for the next half term. These are given to the children at the end of the year to take home and share with their parents.

Our Success Criteria:

We expect all of our pupils to be able to make responsible decisions about their behaviour and attitude to school. 85% to 90% of our pupils will meet relevant assessment criteria in PDL.

Other Relevant Policies:

- Sex and Relationships Education Policy
- Drugs Education Policy
- Food in Schools Policy
- Equal Opportunities Policy
- Race and Intercultural Policy
- Behaviour Policy (includes anti bullying)
- Child Protection Policy
- Confidentiality Policy